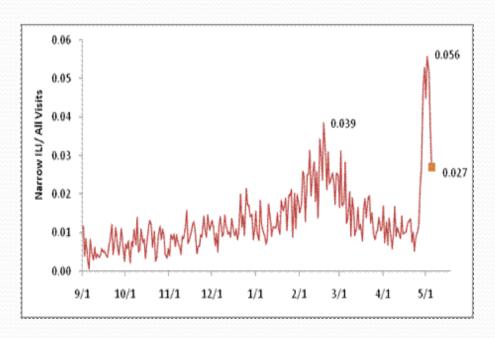
Novel H1N1 Influenza: Research Needs

Julia Gunn Boston Public Health Commission

Problem

Worried Well Effect



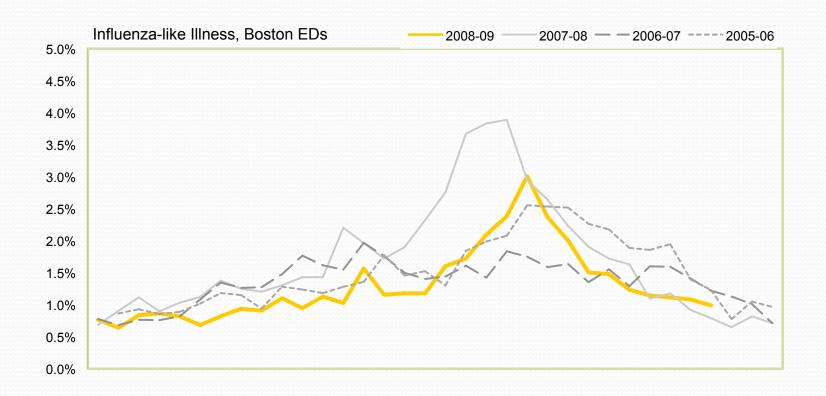
The Question

How to decrease 'noise' to find true burden of disease? How to make sense of syndromic data?

Challenges

- Health seeking behavior change
 - Increase burden of illness
 - Baseline illness (Seasonal influenza and Novel Influenza A (H1N1)
 - Geographic differences
 - Media effect: Clinton effect
 - Fear

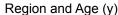
Acute Care Visits for ILI: Boston, 2005-9

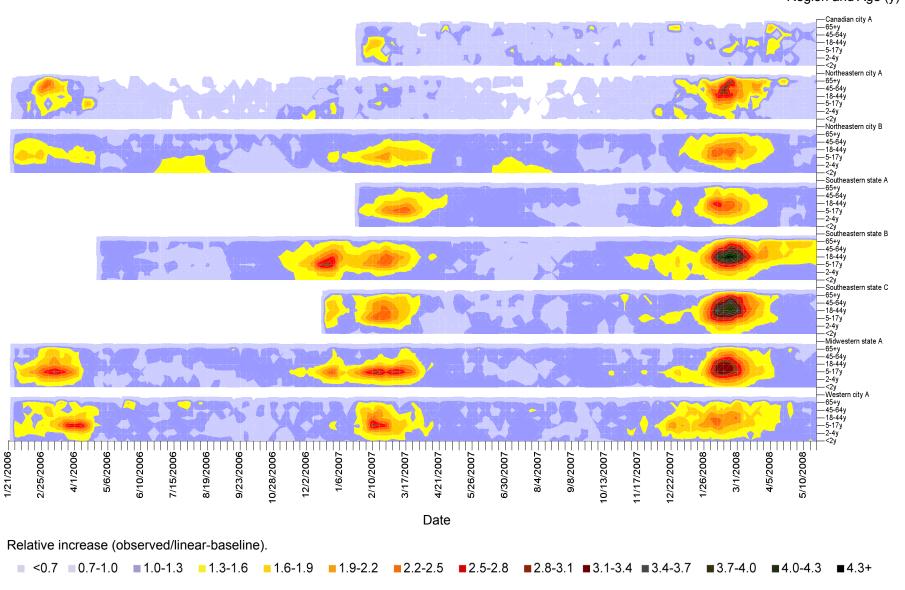




DiSTRIBuTE Visualizations - Week 2008-21 (ending Saturday, May 24, 2008)

Surface plots depict relative increase in ED syndrome visits as observed / baseline by jurisdiction and age.





Ideas

- Readjust baselines using previous "worried well" periods (i.e. SARS or other major localized health scares) as a way to distinguish between true increase and shift in health seeking behavior.
- Severity adjustment drop in % ED visits being admitted
- Objective clinical criteria EHR surveillance, subjective vs. objective fever
- Ratio of ED visits to 911 dispatches as a way to measure degree of worried well effect

Ideas

- Adjustment of syndrome definitions: 'Respiratory + Fever Reason for Visit' or 'Respiratory + Measured Temp > 99.9°F.'
 The BPHC separated these two definitions and found a broadening divergence as subjective fevers climb and objective fevers remain steady.
- Auxillary real-time surveillance systems, i.e. school/workplace absenteeism
- Observing other syndromes simultaneously: Are GI complaints less susceptible to worried well effect?

Contacts

- Settings
 - Schools
 - Work places
 - Cruise ships and Airplanes
 - Homeless shelters, prisons
 - Health care settings
- Identify persons with the most risk of progress to disease
- PEP strategies

Challenges

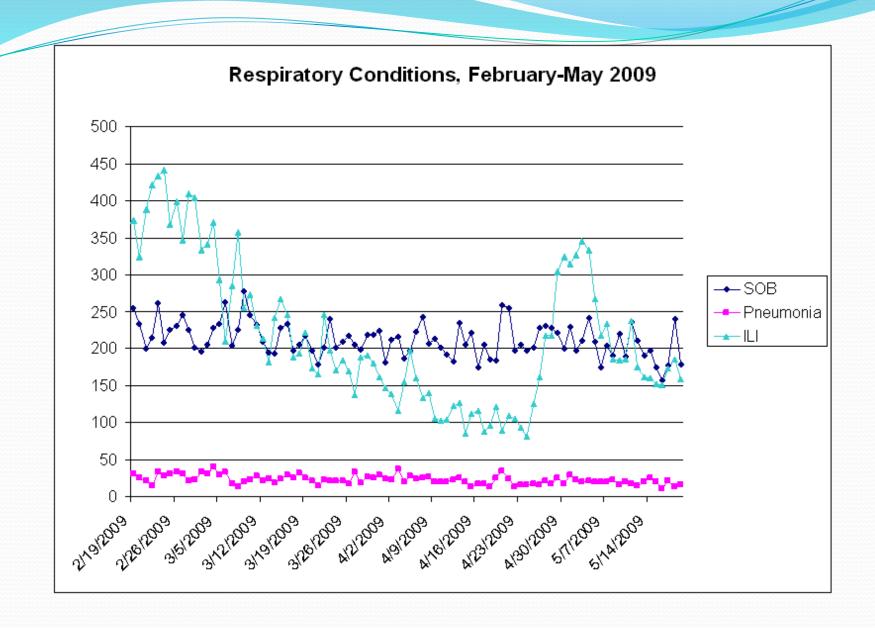
- Limited data:
 - Location where people sat
 - Time length of time on a flight, hours in the classroom
 - Question of underlying illness
 - PEP effect: Treat the whole school
 - PPE effect: N95 respirator vs masks
- What have we learned from pertussis and TB

Models

- Closing schools
 - all schools
 - some schools with high rates of illness
 - none
- What is the effect of PEP and school closings
 - treat high risk family contacts
 - treat high risk school contacts
 - Others

Building Syndromes

 How can we use multiple syndromes to better understand H₁N₁ activity?



Challenges

- Gi vs respiratory
 - Reports of Gi illness with H1N1
 - Combine the syndromes
 - Keep them separate
 - Sensitivity, specificity, positive predictive value
 - What is the impact on the various statistical models